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Udayan Care USA's Quarterly Newsletter

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Making a Difference in a New Year

2023 has begun with hardship and tragedy across the world. Earthquakes have devastated Turkey and Syria, war continues to rage in Ukraine, and mass shootings have shattered communities in the United States. With so much suffering, it can be tempting to feel overwhelmed and discouraged. So in this newsletter we hope to provide a reminder that even in the darkest circumstances, human light and resilience can always shine. We certainly wish as much for all the people and communities affected by natural disasters, war, and violence.

The Udayan Care USA Board: *Rakhi Agarwal, Tarun Anand, Jesse George-Nichol, Shraddha Gupta, Anitha Kosanam, Dr. Kiran Modi, Netoo Sethi, Deepak Sharma, and Minnie Singh*



Meet Badal!

An Udayan Aftercare Youth

Last year, we published a news story about Badal's participation in India's National Taekwondo Championships. He won a gold medal in that competition, along with two gold medals in the North-East Taekwondo Championships. So to begin this year, we want to take the opportunity to share more of Badal's story and his amazing journey to success. Badal came to Udayan Care at the tender age of 5. He and his sisters had lost their mother and been abandoned by their father, and when their grandmother was no longer able to care for them, they were placed in Udayan Ghars. In the Gurugram Gear (one of 16 children's homes), Badal found a new family of caregivers, mentors, and brothers. He was with young boys who had suffered losses like he had, and he finally had a safe, stable, and permanent home.

Badal had struggles, like many children who have experienced loss and trauma. School was a challenge, but Badal's mentors soon discovered a way for him to build confidence, strength, and discipline. It seems Badal was

destined to excel at Taekwondo.

By the time he reached middle school, he was already winning championships.

He won a silver medal at the Delhi State ITF Taekwondo Championships in 2011, and his trajectory has been onward and upward ever since. Following his gold medal wins last year, there is no telling how far Badal's hard work and talent will take him. The sky seems to be the limit for this golden young man.

Badal is excelling outside of Taekwondo, too. He is currently enrolled at the prestigious Lovely University, where he is studying sports management. His health and education costs continue to be covered by Udayan's Aftercare program.

Badal's story is a powerful demonstration of what can happen when we invest in children--even the most disadvantaged among them. His successes also remind us that each child deserves to be seen, understood, and supported for exactly who they are. This level of care is a hallmark of Udayan Care's commitment to provide every resource and opportunity to their Udayan Ghar children. To find out more about how you can help Badal and young people like him to reach their fullest potential, [click here](#).

Shalinis Giving Back



Just before the start of the new year, the Greater Noida chapter of the Udayan Shalini Fellowship (there are 32 chapters in different parts of India) gathered to celebrate the newly-launched 'Each One Teach One Program' (EOTO). In this program, Shalinis give back to their communities (in addition to receiving mentorship, training, and funding for higher education) by teaching young, disadvantaged children in their own neighborhoods for at least one hour a week. They receive training from the USF program, and this enables them to extend the reach of the program into desperately underserved areas--and to extend the gifts of

education, opportunity, and drive to disadvantaged young boys and especially girls in these places. At the celebration, Shalinis testified about the difference this program was making in their own lives and the lives of the children they serve. Children begged them for daily instruction, gaining a new sense of possibility, and the Shalinis, in turn, gained a powerful sense of self worth from the experience. This new EOTO endeavor is a beautiful example of how the Shalini program is transforming lives, even beyond those of the Shalinis themselves. To support these Shalinis and their efforts in the EOTO program, you can donate [here](#).

Udayan Care USA's Mission

To provide a nurturing home for every orphaned child; an opportunity for higher education for every girl; and for every adult, the dignity of self-reliance and the desire to give back to society. To learn more about the Udayan Ghar (Home) and the Udayan Shalini Fellowship Programs, please go to www.udayancareusa.org

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